



**BRAVE**  **HEARTS**  
ETHIOPIA

Quarterly Progress Report • 1 October - 31 December 2019



**Brave Hearts**

**Ethiopian Residents' Charity Organization**

## **BHE Forth Quarter Progress Report 1 October - 31 December 2019**

*Cover Photo: Children reading at the BHE drop in center.*

*Photo Credit: Mekbib Tadesse*

*Version: Published February 2019*

**© Brave Hearts Ethiopia (BHE), January 2019**

*This document may be quoted with permission from and acknowledgment of Brave Hearts Ethiopia (BHE).*

**BRAVE  
HEARTS**  
ETHIOPIA

### **ADDRESS**

Queen Elizabeth II Street, Next to St.  
Matthews Anglican Church Arada Sub  
City, Woreda 07,  
P.O. Box: 34542  
Addis Ababa, Ethiopia

### **CONTACT INFORMATION**

Tel: (+251) 118 695050  
Mobile: (+251) 930 481536  
Email: [info@braveheartsethiopia.org](mailto:info@braveheartsethiopia.org)  
Website: [www.braveheartsethiopia.org](http://www.braveheartsethiopia.org)

**Follow us on**  
Facebook, Twitter and Instagram  
**@braveheartset**



## Director's Forward

*All of us at Brave Hearts Ethiopia are filled with joy and gratitude as this quarter comes to an end. It has not been an easy journey for some of our children, especially Alemu and Merry, who had to undergo difficult surgery and recover away from school. However, I am extremely proud of both of them who were brave and strong throughout their ordeal. I am happy that both have resumed their schooling.*

*Recently our children and youth performed in a local event celebrating World Children's Day. They represented BHE by showcasing their drama and art skills after receiving training during the summer. I am delighted that Lemma won the question answer session during the event. I thank the Ministry of Women, Children and Youth for inviting us to celebrate Children's Day with them.*

*This quarter we were very happy to receive visits from our partners Soul of Africa and Vivobarefoot. I deeply grateful to Dulma Clark for visiting BHE and providing the children with clothes and shoes. I also warmly thank Galahad and Asher Clark who visited with Dulma and their team to support our program.*

*I wish to extend my heartfelt gratitude to Dean Hanson and the Hanson Family Foundation for their continued support of our holistic care program and their commitment to supporting orphaned and vulnerable children through BHE. Finally, I would like to thank all of our donors, sponsors, volunteers, my amazing team on the ground and our team in Australia for their continued support in fulfilling our mission of empowering children and their families.*



*(Signed)*

*Konjit Yimer  
Managing Director  
Brave Hearts Ethiopia  
(BHE)*

## Major Highlights

Staff, children and youth celebrated World Children’s Day at a local event. The children performed skits and participated in contests. BHE supported Alemu’s and Merry’s surgery and their recovery went well for them to go back to school.



*BHE celebrated World Children Day*



*Alemu and Merry underwent surgery and both are recovering well and ready for school*

Lemma won a question answer contest on Children’s Day celebration. BHE Australia’s board and volunteers prepared an information booth to raise awareness at the Ethiopian Soccer Tournament in Melbourne.



*Lemma won a question and answer contest at the Children's Day celebration*



*BHE Australia board and volunteers raised awareness at the Ethiopian Soccer Tournament*

See the following pages for these stories and more of our report.

## Highlights

*Two children underwent surgery, recovered and are back to school*

----

*BHE celebrated World Children's Day*

----

*Lemma won a question answer contest on Children's Day celebration*

----

*BHE Australia board and volunteers raise awareness at the Ethiopian Soccer Tournament*



*47 children and youth  
& 31 guardians in the program*

- 290 hours of tutoring sessions*
- 31 hours of home tutorials*
- 52 school visits*
- 1 child in pre school*
- 19 students in primary school*
- 9 students in secondary school*
- 6 students in higher education*
- 3 youth in vocational and skills training*
- 1 youth receives ongoing support*
- 8 young adults in transition*



## Educational Program and Tutorial Services

BHE is currently supporting 1 child in pre-school, 19 students in primary school, 9 in secondary and 6 youth in higher education. BHE is also supporting 3 youth in vocational and skills training. One youth with special needs receives ongoing support. Eight youth are in a transition period from the program and are being supported by BHE until they become self-reliant.



Computer and library access were also available for the children to engage in reading and digital learning during the summer. The children enjoy different activities such as coloring and games while building their creative skills.

## Nutrition and Health Services

Eight children in need of medical attention were provided support to get effective treatment. While Alemu and Merry underwent surgery, other children got minor medical support including Kidus and Sinafikish. All children and youth in need of medical attention recovered well and were able to return to their schooling.



Children also continue to receive healthy after-school snacks before tutoring. Monthly food allowance and sanitation materials are also provided for the children.

Older youth support the younger children in promoting hygiene and help them braid their hair during their free time. They also play different games including table tennis, foosball, basketball and jump on the trampoline. These activities help the children stay fit and physically active.



## Guardian Support and Income Generation

BHE is working to improve its guardian's incomes with various income generating activities. Three guardians were provided with loans to support themselves and their families. Sessions related to guardian Income Generating Activities were held. During these sessions guardians discuss their common problems and solutions regarding their small businesses and caring for their children.



IGA is aimed at supporting families in finding a sustainable path towards self-reliance. BHE also provides guardians with food support during the holidays.



## Psychosocial Activities

Nine Saturday Sessions were held at drop in center focusing on various topics such as 'important core values in life', 'what the children are most determined to do in life', 'personal and environmental hygiene', 'steps to be a good achiever in education', 'studying techniques', 'self-awareness', 'readiness for study', and 'how to prepare a weekly study program'. These discussions are aimed at building life skills for the children and youth. The topics inspire the children and youth to develop their communication skills, confidence and reflect on their actions and behaviors.



BHE's social worker conducted 10 individual counseling sessions with the children to ensure the children were able to address psychosocial issues they faced.







## Alemu's and Merry's Surgery and Recovery

Alemu, a young boy in our program, underwent surgery with the help of CURE Hospital to treat his broken arm. He lived with his grandmother in the countryside and broke his arm while playing soccer. He received traditional treatment which only made his arm worse and lead to infection, muscle loss and deformation.



BHE took Alemu into the program and supported his care, following up his medical treatment at CURE. After 3 hours Alemu's surgery ended successfully and he was able to rest. BHE supported his recovery ensuring he had the necessary care during this difficult time. Read more here <https://mailchi.mp/9b9874959634/a-priceless-holiday-gift>

Merry had also underwent surgery to remove a bile duct stone after a medical checkup. The surgery was successfully completed. Her recovery went well and she is back in school.

## BHE warmly receives Dulma and Galahad Clark with the Vivobarefoot Team

BHE warmly hosted a visit from Dulma Clark, Managing Director of our partner Soul of Africa UK along with the Vivobarefoot team. BHE also had an inspirational visit from Galahad and Asher Clark, respectively the CEO and Design Director at Vivobarefoot along with their team. The visiting guests observed our different project activities including tutorials, study sessions and our outdoor games.

Visitors were entertained by the children's traditional dance and a coffee ceremony with Ethiopian bread. Dulma Clark and Vivobarefoot donated shoes and clothes for the kids, continuing the legacy of Lance Clark who unconditionally supported our cause.



"I failed more times than I succeeded; do not be afraid of failure. The most important thing is to learn and continue trying harder." Galahad Clark's wise words inspired the children. The vivobarefoot team shared their life lessons and empowering stories with the children at BHE.

BHE also received a visit from Andy Parritt working with Vivobarefoot. He kindly donated materials and shoes for the kids.





## BHE celebrated World Children's Day!

In celebration of World Children's Day on 20 November 2019 our staff, children and youth participated in fun filled activities held by the Ministry of Women, Children and Youth Affairs.



Lemma, one of the youth in the program, won a question and answer contest at the event. He was among eight competitors and answered questions confidently. He was awarded a prize along with the other winners of the competition.

The children also prepared a touching play about the patriots of our country. The event gave them a stage to exercise their theatrical arts training. The Woreda 07 Women and Children's Office was very impressed by their performance and invited them to perform at a second event celebrating Children's Day.

Read about more here <https://mailchi.mp/abb0492300f5/happy-world-childrens-day>



## BHE Australia Raises Awareness at the Ethiopian Soccer Tournament in Victoria

Our dedicated BHE Australia board and Youth Support Group raised awareness about our work at the Ethiopian Soccer Tournament held from 25 - 29 December 2019 organized by the Ethiopian Sport & Culture Federation and Ethiopian Community Association of Victoria. The team set up an information booth about how we support orphan and vulnerable children in Ethiopia.



## Bingham Academy Students Volunteer at the BHE Library

Student volunteers from Bingham Academy helped catalog and digitize books in the BHE library. Their dedication and passion for community service is exemplary for the children and youth in our program. They also enjoyed their time at the drop in center playing and getting to know the children. (Pictures to the side)



Quality Education for  
Orphan and Vulnerable Children



Support BHE on GlobalGiving!

<https://www.globalgiving.org/projects/quality-education-for-orphan-and-vulnerable-children>

## Administrative Activities

### Basic Needs, Health and Sanitation

- Monthly provisions were made for food allowance, extra food support, school materials, house rent, savings and sanitation materials were distributed for the children
- Students received new school books, bags, clothes, uniforms and materials for the year
- 99 soaps and 33 pads were distributed for the children and youth

### Reporting and Planning

- Quarterly reports were submitted to government authorities and donors.
- Weekly activity planning, reporting and staff minutes were conducted along with evaluation of activities.

### BHE Community Outreach

- BHE participated in two community events with the children performing a play and taking part in question and answer competitions.

### Human Resource and Finance

- Follow up of saving accounts for guardians to transfer monthly food allowance for the children.
- Quarterly financial activities were conducted including purchasing of materials, disbursements, posting and bookkeeping.

### Social Media Outreach

- BHE reaches 1,000 likes on its facebook page, 137 followers on its instagram and 72 followers on its twitter page.



**BRAVE**  **HEARTS**  
**ETHIOPIA**

**BRAVE HEARTS ETHIOPIA (BHE)**

**@braveheartset**

**ADDRESS**

Queen Elizabeth II Street, Next to St. Matthews Anglican Church Arada  
Sub City, Woreda 07, P.O. Box: 34542  
Addis Ababa, Ethiopia

**CONTACT INFORMATION**

Tel: (+251) 118 695050  
Mobile: (+251) 930 481536  
Email: [info@braveheartsethiopia.org](mailto:info@braveheartsethiopia.org)  
Website: [www.braveheartsethiopia.org](http://www.braveheartsethiopia.org)